



**back to  
school**

*Innovate* **IFG**

**WELCOME BACK!**

Here's a taste of what's on offer  
at the food court this term!



**EVERY DAY, THERE IS A HUGE VARIETY OF DELICIOUS FOOD OPTIONS FOR YOU TO CHOOSE FROM!**



# MORE THAN JUST LUNCH! 🕒

Remember, food isn't just for lunchtime...

## BREAKFAST 🍳



## BREAKTIME 🕒



## LUNCHTIME 🍴



## AFTER SCHOOL 🍏

### Start your day right

Grab toast, cereal, yoghurt or a hot snack before your first lesson!

or a **FREE bowl of porridge** is available everyday!

### Need a boost?

Pick up hot snacks such as our PowerBites pots - noodles, rice and more or snackpots and bakes.

### Your main event!

From hot meals to street-food style dishes and grab and go options, you've got loads to choose from!

Don't forget to see if your school has snacks available as you leave!

**WHENEVER YOU'RE HUNGRY, WE'VE GOT YOU COVERED.**



Don't forget...

## EACH DAY, CHOOSE FROM:

- Hot main meals or 'grab-and-go' takeaway items
- Sandwiches, wraps, pasta pots, salads & jacket potatoes
- Street food-style dishes made your way
- Savoury snacks, fruit pots, home bakes, and much more



**We're all about fresh and exciting food, designed to keep you feeling your best throughout the day.**

- ✓ Tasty food that keeps you feeling full, focused and ready to learn!
- ✓ Loads of choice, from grab and go bites to delicious street food-style dishes
- ✓ Delicious, balanced feel good meals
- ✓ Our menus are shaped by what you say! Got feedback? Tell us!

# YOUR MENU RECAP! 🤔

From the global flavours of our StreetVibes range to a light and refreshing option from Chill Deal, there's a choice to match every mood, every day!

## DAILY DEALS & OFFERS

Daily meal deals available to all students and all available within the Free School Meal allowance!

### CHILL DEAL

Grab a quick cold lunch! Choose any 4 items marked with the Chill Deal sticker – including filled rolls, sweet or savoury snack pots, and mini home bakes.

### HOT MEAL & DESSERT

Pick from daily hot mains – or favourites such as topped jacket potatoes and pasta pots and combine with a hot homemade dessert or a piece of fruit!

### STREETVIBES: MADE YOUR WAY

Every Tuesday to Thursday, you have the option to spice things up with our StreetVibes street food offer.

# Chill deal

## CHOOSE 4 ITEMS FROM THE CHILL DEAL FRIDGE!

Our Chill Deal is a simple, easy option. Simply choose any 4 cold items marked as part of the Chill Deal including:



### REMINDER OF HOW IT WORKS:

#### CHOOSE IT!

**Choose Your Base:** Kickstart your meal with a variety of delicious options—whether it's rice, noodles, or salad, we've got something for everyone.

#### ADD IT!

**Pick Your Protein:** Fuel your day with a selection of mouth-watering proteins, including succulent grilled chicken, savory beef, or plant-based alternatives

#### TOP IT!

**Top it Your Way:** Elevate your meal with an array of fresh, flavourful toppings and sauces, allowing you to customise your dish just the way you like it.

street  
VIBES

SMASHED SPUDS, SLAW,  
CHIPOTLE RUBBED BEEF &  
RANCH DRESSING



# AND THERE'S MORE...

Love to snack or graze your way through the day? We've got plenty to keep you going – available at break and lunch!



## POWERBITES

Hot snack pots packed with flavour at a small price!



## HOT & COLD DELI PICKS

From fresh filled rolls and hot wraps to salads and sushi pots, our deli range is ideal for mixing it up or grabbing a lighter bite.



## BAKERY FAVOURITES

Flapjacks, muffins, pastries and more are baked fresh daily.



# THEME DAYS

Remember to look out for special pop up themed menus to mark big occasions!



**FIRESIDE  
FAVOURITES**

CATHERINE WHEEL COOKIES

SWEET CHILLI HOT DOGS

CHOCOLATE DIPPED APPLES

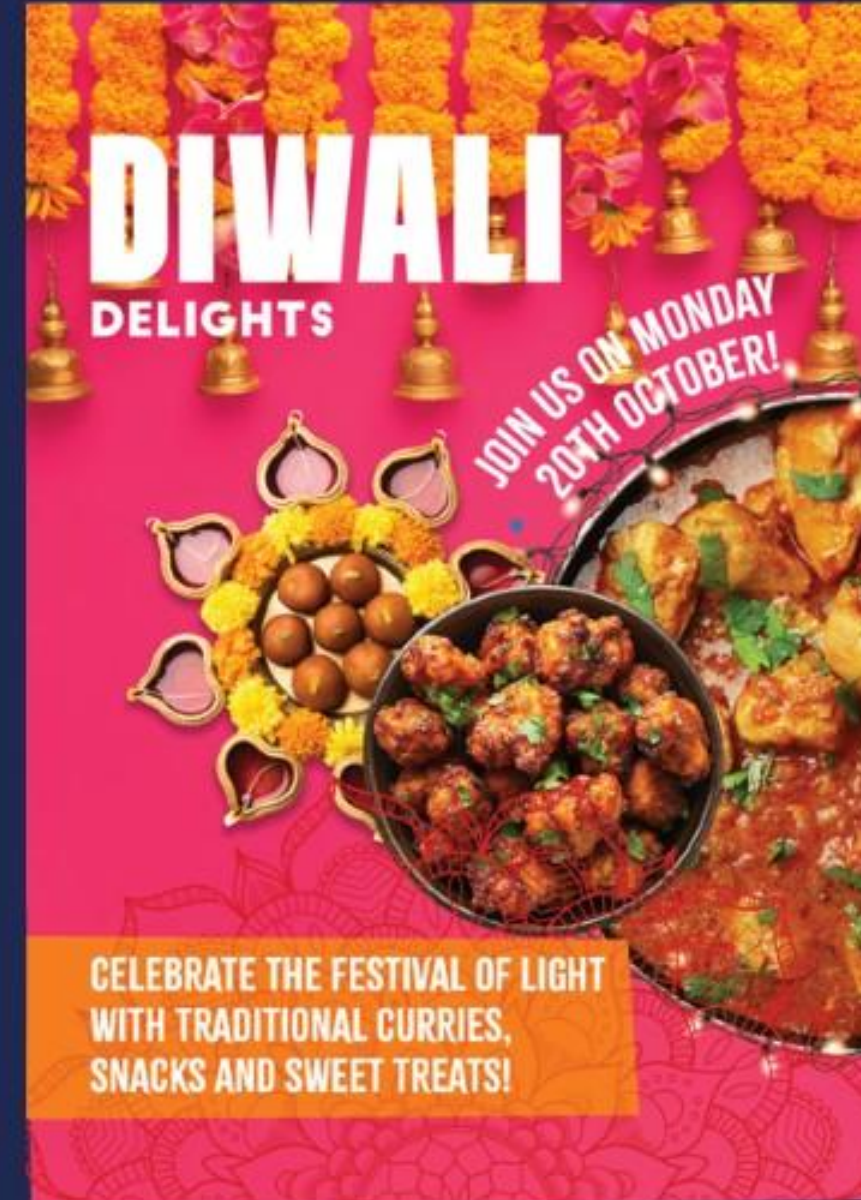
**WEDNESDAY  
5TH NOVEMBER**

JOIN US FOR A HOST OF BONFIRE NIGHT STYLE SPECIALS



**EASTER TREATS & EATS  
THIS MARCH!**

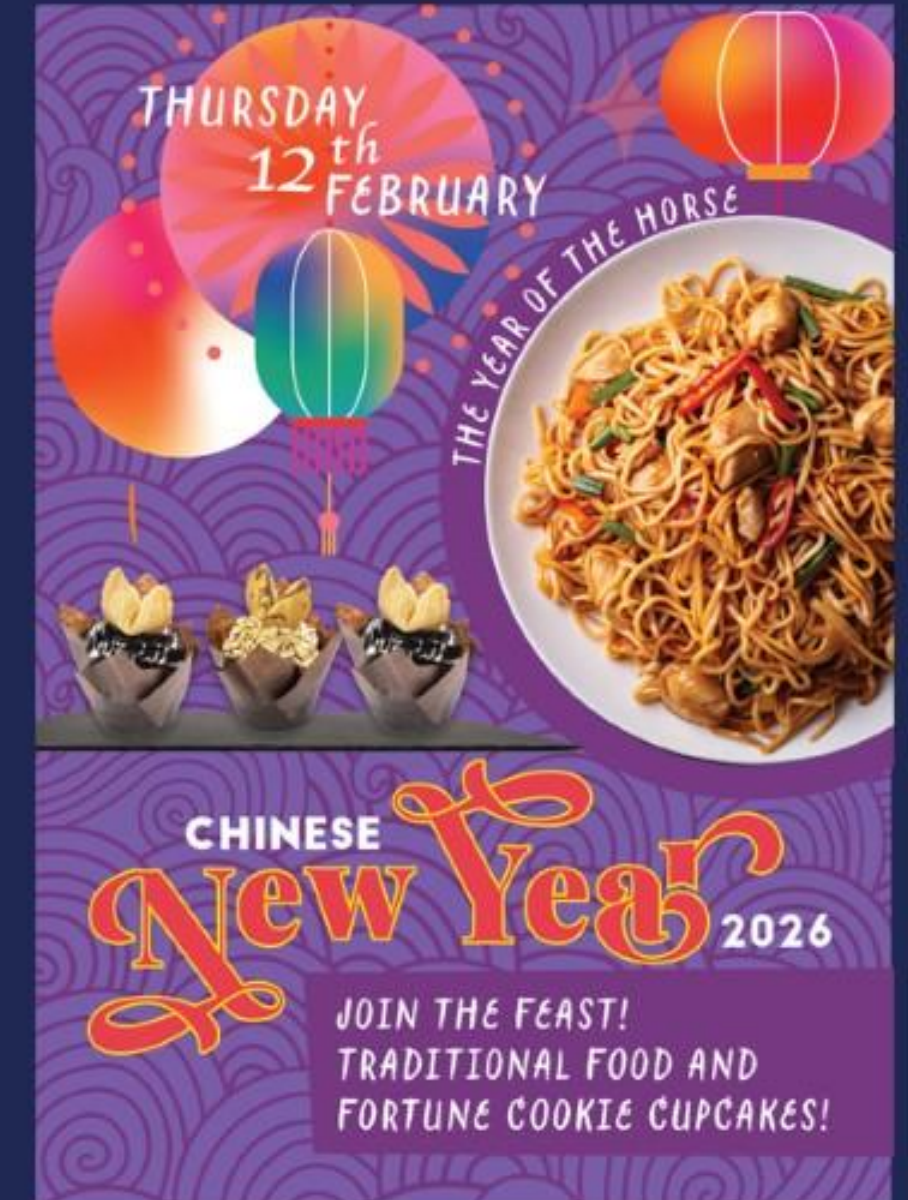
HOP ON OVER FOR DELICIOUS EASTER DELIGHTS THIS MARCH - SWEET AND SEASONAL FAVOURITES ARE WAITING!



**DIWALI  
DELIGHTS**

JOIN US ON MONDAY  
20TH OCTOBER!

CELEBRATE THE FESTIVAL OF LIGHT WITH TRADITIONAL CURRIES, SNACKS AND SWEET TREATS!



THURSDAY  
12<sup>th</sup> FEBRUARY

THE YEAR OF THE HORSE

**CHINESE  
New Year 2026**

JOIN THE FEAST!  
TRADITIONAL FOOD AND FORTUNE COOKIE CUPCAKES!

From festive food celebrations to opportunities to experience new flavours from around the world, there's always something fun and delicious to explore.



# GOT AN ALLERGY OR INTOLERANCE? NO PROBLEM!

Here's a reminder – there's no need to worry!

All our dishes come with full ingredient and allergen information, and any pre-packaged items are clearly labelled with the 14 major allergens.

Need extra support? Remember, our **Allergen Buddies** are here to help you choose safely, answer questions, and make sure you can eat with confidence every day.

# THERE IS SUCH A THING AS A FREE LUNCH!



You could be eligible for **free school meals**.

To check if you're eligible simply search "free school meals" and click on the government website!

**No special treatment, you just pay like you normally would!**



Home > Childcare and parenting > Schools and education

## Apply for free school meals

Check if your child can get free school meals in England and find out how to apply on your local authority's website.

There's a different process to apply for [free school meals in Northern Ireland](#), [free school meals in Scotland](#), or [free school meals in Wales](#).

If your child is eligible for free school meals, they'll also qualify for the [Holiday Activity and Food Programme](#). Food vouchers may also be available through the [Household Support Fund](#). Find out more by [contacting your local council](#).

Enter a postcode  
For example SW1A 2AA

[Find your local council](#)

[Find a postcode on Royal Mail's postcode finder](#)








Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related...

**Related content**

- [Help with home to school transport](#)
- [School meals - food standards](#)

## HERE'S A REMINDER OF REASONS TO LOVE OUR FOOD!

-  **Tasty Food** - Fresh, chef-made meals you'll actually look forward to.
-  **Great Value** - Cheaper than most packed lunches or high street options.
-  **Energising & Balanced** - Meals that help you stay focused and fuelled for the school day.
-  **Made from Scratch** - 95% of our food is prepared on site.
-  **Something for Everyone** - Options for all diets, cultures, and preferences.
-  **Allergy-Friendly** - Clear labels + Allergy Buddy support if you need it.
-  **Eco & Safety First** - Eco-packaging and top food safety standards.
-  **Chilled Spaces** - Relaxed vibe, friendly team & fast contactless payment.