



**A WARM WELCOME FROM  
INNOVATE. YOUR  
CATERING PROVIDER AT  
LANGLEY GRAMMAR  
SCHOOL.**

*Innovate*

## We are delighted to be in partnership with the students and staff Langley Grammar School.

Our aim, along with the School, is to provide our new year 7 students with an exceptional catering experience. We plan exciting menus packed with health, variety, goodness and attitude. We also make our food look great and taste as good as it should.

### Our menu

Innovate has long been considered the most inventive caterer in schools and that's because we're very clear about our food. All our dishes are prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey. Below is a taste of what's to come:

- **A huge selection of grab and go items** including baguettes, panini, burritos and salads to name a few, all now using our barcode system to help speed up the queues
- **A variety of healthy, tasty main meals prepared fresh every day** from carefully selected ingredients. The menu will follow a similar weekly pattern so our customers know what to expect; for example we always serve a Roast Dinner every Wednesday and a Curry every Thursday
- **Our 'V' range with many mouth watering vegetarian and vegan choices to choose from** including the V Burger, Falafel & Houmous Market Wrap and Vegan Home Bakes
- **A salad bar bursting with homemade healthy salads** such as pomegranate quinoa, roasted sweet potato and rocket or chilli, orange and beetroot, pick a small or large pot and fill with salads of your choice
- **Theme days;** Chinese New Year, Food Safari: American, BBQ Beach Party, just to name a few
- **Covid-19;** We have carried out risk assessments, changed our Standard Operating Procedures and will be retraining all our kitchen staff to put all the correct safety measures in place to ensure we are Covid-19 Secure. Posters, signs and floor markings will help guide the students to where and how they can get the best out of their catering service. We will do everything we can to protect our staff and customers to ensure everyone is kept safe and still has a great meal from Innovate at Langley Grammar School.



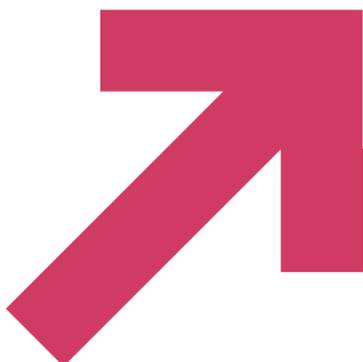
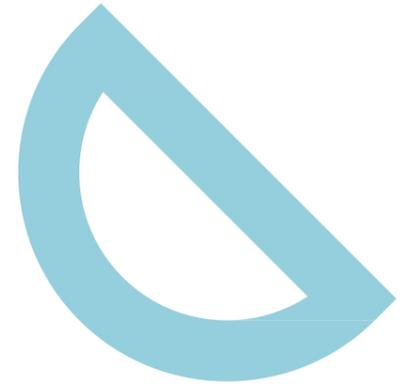
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## Covid-19 & September 2020

With the current social distancing rules and staffing restrictions some offers and services maybe reduced, however as soon as and as safely as possible we will resume our normal excellent offer and service.

We will open before and after school so please pay us a visit. To ensure our customers' day gets off to a great start, we will be serving lots of choice for breakfast including breakfast yogurts with granola, freshly made breakfast rolls and a selection of pastries.

Once you've tried our service, let us know what you think. Drop us a line on [hello@impactfood.co.uk](mailto:hello@impactfood.co.uk) to tell us about your dining experience. We're always happy to hear your feedback on our service. We look forward to meeting you!!



Yours sincerely

Rachael Date  
**Area Manager**  
Innovate Services

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# GRAB & GO COLD



## BAGUETTES

Cheese Salad <b>V</b>	£2.00
Houmous & Roasted Vegetable <b>Ve</b>	£2.00
Tuna Cucumber	£2.10
Chicken Mayo & Spinach	£2.10
Chicken Tikka	£2.10
Ham & Cheese	£2.10
Firecracker Chicken	£2.40

All flavours also available as mini baguettes From £1.00

## SUBS

Cheese <b>V</b>	£1.50
Ham	£1.50
Chicken Mayo	£1.50
Tuna	£1.50

## WRAPS

Southern Spiced Chicken	£2.10
Chicken Tikka	£2.10
Tuna, Cucumber & Pepper	£2.10
Onion Bhaji <b>V</b>	£2.00
Falafel Market Wrap <b>Ve</b>	£1.75

## BLOOMERS

BLT	£1.85
Cheese Ploughmans <b>V</b>	£1.85
Chicken Bacon Club	£2.00

All flavours also available as mini bloomers From 95p

## PASTA POTS

Tuna Mayonnaise	£1.10
Tomato, Basil & Cheese <b>V</b>	£1.05
Green Power <b>V</b>	£1.25

## SELF-SERVE SALAD

Small <b>V</b>	£1.45
Large <b>V</b>	£1.80

## READY MADE SALADS

New Potato, Spinach & Egg <b>V / GF</b>	£1.10
Houmous, Spinach & Chilli Chickpeas <b>V</b>	£1.10
Bare Burrito Bowl	£2.75
Oriental Ponzu Noodle <b>Ve / GF</b>	£1.40
Chicken & Mango Noodle	£1.40

## VEGETABLE BAGS **Ve**

Carrot Sticks <b>GF</b>	50p
Mixed Stick Pot <b>GF</b>	60p
Crudite & Houmous Pot	£1.35

## FRUIT **Ve / GF**

(according to seasonality)

Apple; Orange; Banana (per piece)	40p
Fruit Salad	90p
Pineapple Pot	90p
Melon Pot	90p
Watermelon Pot	90p
Grape Pot	90p
Grape Bag	50p
Apple & Grape Bag	50p
Pineapple Bag	50p
Sultans Bag	50p
Orange Bag	50p

## DIPS

Light Mayo <b>V</b>	25p
Ketchup <b>V</b>	25p
BBQ Sauce <b>Ve</b>	25p
Sweet Chilli <b>Ve</b>	25p
Houmous <b>Ve</b>	40p

## GRAZE POTS

Houmous & Flatbread <b>Ve</b>	£1.35
Mini Naan & Raita <b>V</b>	£1.50
Nacho Tex Mex <b>Ve</b>	£1.50
Impulse Graze Pot <b>Ve</b>	£1.25

Mezze Box (veggie option available)	£2.50
Sushi Box - S (veggie option available)	£1.50
Sushi Box - L (veggie option available)	£2.50



# GRAB & GO HOT

## PANINI

Just Cheese <b>v</b>	£2.00
BBQ Chicken	£2.25
Veggie Sausage <b>Ve</b>	£2.00
Chicken Tikka	£2.25
Ham & Cheese	£2.25
Tuna Melt	£2.25
Hot Meatball	£2.25

## HOT WRAPS

Margherita Pizza Wrap <b>v</b>	£2.00
Ham & Cheese Pizza Wrap	£2.10
Chicken Tikka Pizza Wrap	£2.10
BBQ Chicken Pizza Wrap	£2.10
Onion Bhaji Wrap <b>Ve</b>	£2.00
BBQ Chicken Twister	£2.25
Sourdough Chicken Wrap	£2.25
Chicken Twister	£2.25
Veggie Twister <b>v</b>	£1.65

## BURGERS

Chicken Burger	£2.25
Cheese Burger <b>v</b>	£2.20
Burger <b>Ve</b>	£2.10

## PASTA POTS

Mac n Cheese <b>v</b>	£2.20
Arrabiatta <b>v</b>	£2.20
Meatballs	£2.20
Basilico <b>v</b>	£2.20
Pizza Slice <b>(veggie option available)</b>	£1.35





# BREAKFAST

## BREAKFAST ROLLS

Bacon Roll	£1.60
Cheese & Tomato Bagel <b>v</b>	£1.70
Vegetarian Breakfast Wrap <b>v</b>	£1.90
Bacon Baguette	£2.00
Mini Bacon Baguette	£1.00
Sausage Baguette	£2.00
Mini Sausage Baguette	£1.00
Bacon & Cheese Bagel	£2.00
Breakfast Wrap	£2.10
Croissant <b>v</b>	90p
Danish Pastries <b>v</b>	£1.25
Granola Bar <b>Ve</b>	80p
Waffles <b>v</b>	£2.00

## YOGHURT POTS **v**

Toast <b>v</b>	25p
Butter Portion <b>v</b>	15p
Jam Portion <b>v</b>	30p

## COOKED BREAKFAST

3 Items <b>(veggie option available)</b>	£1.50
5 Items <b>(veggie option available)</b>	£2.00

## INDIVIDUAL ITEMS

Hash Brown <b>Ve</b>	50p
Sausage	65p
Bacon Rasher	65p
Vegetarian Sausage <b>Ve</b>	65p
Mushrooms <b>Ve / GF</b>	50p
Baked Beans <b>Ve</b>	50p



# VEGGIE MENU



## PANINI

- Just Cheese **v** £2.00
- Veggie Sausage **Vo** £2.00

## HOT WRAPS

- Margherita Pizza Wrap **v** £2.00
- Onion Bhaji Wrap **Vo** £2.00
- Veggie Twister **v** £1.65

## BURGERS

- Burger **Vo** £2.10
- Cheese Burger **v** £2.20

## HOT PASTA POTS

- Mac n Cheese **v** £2.20
- Arrabiatta **v** £2.20
- Basilico **v** £2.20

## BAGUETTES

- Cheese Salad **v** £2.00
- Houmous & Roasted Vegetable **Vo** £2.00

## SUBS

- Cheese **v** £1.50

## WRAPS

- Onion Bhaji **v** £2.00
- Falafel Market Wrap **Vo** £1.75

## BLOOMERS

- Cheese Ploughmans **v** £1.85

## COLD PASTA POTS

- Tomato, Basil & Cheese **v** £1.05
- Green Power **v** £1.25

## SELF-SERVE SALAD

- Small (**v & Vo options available**) £1.45
- Large (**v & Vo options available**) £1.80

## READY MADE SALADS

- New Potato, Spinach & Egg **v** £1.10
- Houmous, Spinach & Chilli Chickpeas **v** £1.10
- Oriental Ponzu Noodle **Vo / GF** £1.40

## DIPS

- Light Mayo **v** 25p
- Ketchup **v** 25p
- BBQ Sauce **Vo** 25p
- Sweet Chilli **Vo** 25p
- Houmous **Vo** 40p

## GRAZE POTS

- Houmous & Flatbread **Vo** £1.35
- Mini Naan & Raita **v** £1.50
- Nacho Tex Mex **Vo** £1.50
- Impulse Graze Pot **Vo** £1.25

- Mezze Box (**v & Vo options available**) £2.50
- Sushi Box - Small (**v & Vo options available**) £1.50
- Sushi Box - Large (**v & Vo options available**) £2.50

## HOMEBAKES

(**v & Vo options available**)

